



**REPUBLIC OF THE PHILIPPINES  
OFFICE OF THE CITY MAYOR  
DAGUPAN CITY**

**CITY ADVISORY NO. 01  
Series of 2020**

**GUIDELINES ON THE PREVENTION, CONTROL, AND MANAGEMENT OF 2019  
NOVELA CORONAVIRUS (2019-nCoV)**

Pursuant to DILG Memorandum Circular No. 2020-018, Labor Advisory No. 04 Series of 2020, LTFRB Memorandum Circular No. 005-2020, and Republic Act 11332 and its Implementing Rules and Regulations, these guidelines are issued to assist the public and private sectors preparedness and response to the 2019-nCoV.

**I. COVERAGE**

These guidelines shall apply to all residents of Dagupan City; academic institutions; business establishments; terminals and ports; and the public in general.

**II. HEALTH IN SCHOOLS, COLLEGES AND UNIVERSITIES**

- a) Have a thermal check at the entrance of the school/facility using a sensor thermometer/thermometer gun to check every individual coming into the school/facility.
- b) Once an individual is checked to be having fever, the recommendation would be to refrain from entering the school/facility and immediately have him/her be checked at the nearest center/clinic/hospital.
- c) Prepare sanitizer or alcohol at the entrance of the school/facility and also to all the entrance of every room so that they be sanitized before entering the facility and rooms.
- d) Advise proper handwashing whenever needed.

**III. WORKPLACE HEALTH (Labor Advisory No. 004-2020)**

- a) Provide information about the 2019-nCoV including its transmission, Disease outcome, and treatment options to their workers;
- b) Clean the work areas with disinfectants and make sure that water, soap and sanitizer are available in all washrooms and toilets;
- c) Avoid or reduce direct exposure of workers to animals, environments and objects which may be possibly carrying the 2019-nCoV;
- d) Ensure food in canteens or similar areas is properly prepared, handled and cooked;
- e) Emphasize to all workers the everyday actions to stay healthy and keep clean workplace, such as:
  1. Cover nose and mouth when coughing and sneezing;



**REPUBLIC OF THE PHILIPPINES  
OFFICE OF THE CITY MAYOR  
DAGUPAN CITY**

2. Wash hands frequently with soap and water or cleansing of hands with alcohol-based hand sanitizers;
3. Spit at proper places;
4. Avoid close contact with sick people;
5. Increase the body's resistance by having adequate rest and at least eight (8) hours of sleep;
6. Drink plenty of fluids; and
7. Eat nutritious food.

**IV. PUBLIC UTILITY DRIVERS AND CONDUCTORS, AND TERMINAL OPERATORS (LTFRB Memorandum Circular No. 005-2020)**

- a) ALL PUV drivers and conductors to properly wear face masks at all times while on duty and for all franchise holders to ensure compliance herewith; and
- b) ALL TERMINAL OPERATORS to ensure proper sanitation and cleanliness in their premises, to provide face masks as well as disinfectant or sanitizer dispensers for free use of passengers.

**V. PUBLIC IN GENERAL**

- a) Regular and frequent proper handwashing using soap and water.
- b) Cover your nose and mouth with handkerchief or tissue when sneezing.
- c) Avoid contact with persons with flu, cough and colds.
- d) Avoid contact with domesticated animals having illness.
- e) Ensure that food is cleaned and cooked well before consumption.

**VI. WHO NEEDS TO WEAR MASK?**

- a) Those are currently having illnesses (e.g. cough, colds, TB, etc.)
- b) Those who are immunocompromised (e.g. undergoing dialysis, PLHIV, Diabetics, Post Operations, etc.)
- c) Those who are in the health sector (Hospital staffs, Public Health workers, etc.)

**VII. SELF QUARANTINE MEASURES**

If you identified yourself as coming from an area where a 2019-nCoV case is confirmed:

- a) Refrain from going out of the house for at least 14 days.
- b) Avoid having contact to anyone during those days.
- c) Check body temperature every day.
- d) If you note yourself as having any signs and symptoms, please submit yourself for check-up/ hospitalization. Please contact the nearest





**REPUBLIC OF THE PHILIPPINES  
OFFICE OF THE CITY MAYOR  
DAGUPAN CITY**

hospital/health center as you need to be fetched by an ambulance. Public transport is strongly not advised.

**VIII. EFFECTIVITY**

These guidelines shall take effect immediately. The City Health Office (CHO) and City Disaster Risk Reduction Management Office (CDRRMC) are directed to strictly enforce and implement the intent of this City Advisory.

*Elcanson*  
**DR. AURORA H. CUISON**  
City Health Officer I  
OIC-City Health Office

*V. Mata*  
**LTC. VLADIMIR T. MATA, CESE, MNSA, MPM (P)(M)(Res.)**  
City Administrator